THE FOGAL POINT

Vol. 51, Issue 10 October, 2015 Tishri - Cheshvan 5776

From the Rabbi's Study...



When thinking about the upcoming holiday of *Sukkot*, I am reminded of a television show that aired many years ago called "the wackiest ship in the army." Very often, the soldiers on this ship were given an order, first, to prepare to wave and smile, and then to actually wave and smile, and the soldiers waved and smiled at the passing enemy planes. On *Sukkot*, we are commanded by G-d to be happy. The Torah tells us "v'samachta b'chagecha" and "v'hayeta ach sameach", which translates to "and you shall be happy on your festival" and "and you shall be completely happy."

How does one just turn on being happy? These days, many of us are living very busy, complicated and sometimes troubled lives. We have so much to deal with on a day to day basis, interacting with our families, our jobs, our children's school, extracurricular activities, organizations that we belong to, G-d forbid, illnesses and the list goes on. When do we have the luxury or the opportunity to just relax and "be happy?"

This is exactly the point of the holiday of *Sukkot*, and the reason for G-d's commandment to be happy. During the High Holy Day season, we are supposed to reflect upon our lives and try to derive the meaning and increase the quality of our existence. In other words, we are supposed to wake up and smell the coffee! Make the best use of our time and energy to insure satisfaction and fulfillment of our lives. We must realize what is truly important, what makes us genuinely happy, what makes us valuable human beings, and go for it. I don't know about the rest of you, but for me the answer is having a close and loving family, the support of good friends and showing my appreciation to G-d for all he has provided me, by giving back to those in need. After that, everything else is just gravy. All the material possessions in the world cannot provide genuine happiness. So therefore, G-d provided us with all that is necessary for happiness by giving us the holiday of *Sukkot*. We are plucked out of our materialistic homes as we gather in the *sukkah* with family, close friends and those not fortunate enough to have their own *sukkah*, to share our love and friendship. We also gather in *shul* to thank G-d for all we have and for providing us the opportunity to recognize and obtain true happiness.

The commandment in the *Torah* for us to be happy on our festival was not given to force us to be happy. If we just live the message of High Holy Days and increase the quality of our lives by putting it into practice on *Sukkot*, then happiness will just come upon us. This year, let us all rejoice in our festival, and we will be truly happy.

Rabbi Jeffrey A. Shron

Please join us on *Shabbat* morning, October 3 as we honor Aaron Pfefer and Brenda McKinnon our two *Sukkot* honorees.

A *Kiddush* luncheon will follow services.

First Day of Religious School





SHABBAT SCHEDULE
FRIDAY, OCTOBER 2
Candlelighting*6:42 PM
Kabbalat Shabbat5:40 PM
*
SATURDAY, OCTOBER 3
Morning Services
SUKKOT HONOREES
AARON PFEFER
AND BRENDA MCKINNON
<i>Mincha</i> 5:45 PM
Havdalah7:31 PM
EDID AV OCTODED A
FRIDAY, OCTOBER 9
Candlelighting*
Kaobatat Shabbat
SATURDAY, OCTOBER 10
BLESSING OF THE NEW MONTH
CHESHVAN
Morning Services9:00 AM
Mincha6:05 PM
Havdalah7:20PM
FRIDAY, OCTOBER 16
Candlelighting*6:21 PM
Kabbalat Shabbat6:25 PM
\$
SATURDAY, OCTOBER 17
Morning Services9:00 AM
Shabbat 'Lite' Service10:00 AM CHAI ANNIVERSARY KIDDUSH
Mincha5:55 PM
Havdalah7:11 PM
\$
FRIDAY, OCTOBER 23
Candlelighting*6:11 PM
Kabbalat Shabbat6:15 PM
SATURDAY, OCTOBER 24
<i>BAT MITZVAH</i> OF ZAKAIYAH GILLOM
Morning Services9:00 AM
KIDDUSH IN HONOR OF ZAKAIYAH
<i>Mincha</i> 5:45 PM
Havdalah7:01 PM
EDIDAY OCTOBER 20
FRIDAY, OCTOBER 30 Candlelighting*6:03 PM
Kabbalat Shabbat 6:05 PM
SATURDAY, OCTOBER 31
Morning Services9:00 AM
GUEST SPEAKER
RABBI AVI WEINSTEIN
Mincha5:40 PM
Havdalah6:54 PM
* NO LATER THAN THESE TIMES

SUKKOT SCHEDULE

CHOL HAMOED SUKKOT Wednesday, Sept. 30 - Thursday, Oct. 1 17 Tishri - 18 Tishri

Shacharit	7:00 AM
Minchah-Maariv	5:35 PM

CHOL HAMOED SUKKOT Friday, Oct. 2 - 19 Tishri

Candlelighting	6:42 PM
Mincha & Maariv	5:40 PM
(Followed by Sukkah	dinner)

SHABBAT CHOL HAMOED SUKKOT

Saturday, Oct. 3 - 20 Tishri

Morning Service	9:00 AM
Mincha (Reading of Kohelet)	5:45 PM
Havdalah	7:31 PM

HOSHANAH RABBAH Sunday, Oct. 4 - 21 Tishri

Sunday, Oct. 1 21 1	
Shacharit	9:00 AM
Mincha and Yom Tov Maariv	6:00 PM
Candlelighting	6:39 PM

SHEMINI ATZERET Monday, Oct. 5 - 22 Tishri (Yizkor will be recited)

Festival Service	9:00 AM
Mincha	6:00 PM
Maariv and Hakafot	6:15 PM
Candlelighting (not before)	7:27 PM
Celebration of the comple	tion of the
Reading of the <i>Torah</i> .	

Join in Festivities at K.I.! SIMCHAT TORAH



Daytime Kiddush for First 2 Days of Sukkot & Sh'mini Atzeret/Simchat Torah:

אַלֶּה מוֹעֲדִי ה׳, מִקְרָאֵי לְדֵּשׁ אֲשֶׁר תִּקְרָאוּ אֹתָם בְּמוֹעֲדָם. וַיִּדַבֵּר מֹשֶּה אֶת מֹעֲדִי ה׳, אֶל בִּנֵי יִשְׂרָאֵל.

Ayleh mo-aday Adon_i, mikra-ay kodesh asher tik-r'u otam b'moadam. Va-y'daber Moshe et mo-aday Adon_i, el b'nai Yisrael.

(סַבְרִי מָרָנָן וְרַבָּנָן וְרַבּוֹתַיּ

בּרוּךְ אַתָּה ה' אֱלֹקֵינוּ מֶלֶךְ הְעוֹלְם, בּוֹרֵא פְּרִי הַגְּפֶּן. Baruch Atta Adon_i, Eloh_inu Melech ha-olam, boray p'ri hagafen.

In the Sukkah add:

בָּרוּךְ אַתָּה ה׳ אֱלֹקֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִרְשׁנוּ בְּמִצְוֹתִיוּ, וִצְוַנוּ לֵישֵב בַּסִּכָּה.

Baruch Atta Adon_i, Eloh_inu Melech ha-olam, asher kid'shanu b'mitzvotav, v'tzeevanu layshev basukkah.



WELCOME TO OUR NEW MEMBERS

AARON & ANGIE FRY
PHILLIP & PATRICIA PISCIOTTA
DR. DAVID & CHERYL SHANBERG

WHAT'S INSIDE		
Shabbat Schedule2		
Anniversaries4		
Birthdays4		
Memorial Tablets8		
Donations9		
October Calendar11		

BAT MITZVAH SATURDAY MORNING OCTOBER 24, 2015



Zakaiyah Gillom

Clinton and Cristina Gillom are pleased to announce the *Bat Mitzvah* of their daughter, **Zakaiyah Ruth**, at *Shabbat* morning services on Saturday, October 24, at 9:00 am in the Maurice D. Solomon Sanctuary.

Zakaiyah, aka "Z", is the granddaughter of Willie Gillom and the late Mary Gillom, of blessed memory and the late Jerome Renne of blessed memory and Linda Renne.

Z is a sixth grade student at the Hyman Brand Hebrew Academy who loves spending her summers at Camp Sabra and Camp Ben Frankel. She enjoys gymnastics, basketball, dancing, singing, swimming and diving. As a gymnast, she's a state champion! As a friend, she is a cheerleader. :) As a daughter of Israel, she is a blessing.

Zakaiyah and her family are looking forward to celebrating this *simcha* with their K.I. friends and family, and invite them to share in a *Kiddush* following services in her honor.

DEADLINE FOR THE NOVEMBER
FOCAL POINT
WILL BE OCTOBER 8.
WE APPRECIATE YOUR
COOPERATION.
THANK YOU.

Simchat Torah at K.I. Monday, Oct 5 Following 6:15 pm Maariv Services

We Complete the Reading of the *Torah* and Begin Again

Come for the Dancing and Celebration

Stay for the Root Beer Floats and Snacks





BEGINNER'S HEBREW CLASSES with Rabbi Shron.

Six Consecutive Thursdays
October 15, 22, 29 & November 5, 12 & 19
7 pm in K.I.'s Spitcaufsky Library
Register online,
call the synagogue office,
or email rabbijeffreyshron@gmail.com



Join Rabbi Shron on
Saturday, October 17
from 10-11 am
in the Rose Morgan Chapel
for the next
Shabbat Morning "Lite"

Saturday, October 17
from 10-11 am
in the Library
for the next
Shabbat Party for Kids Come learn and have fun

OCTOBER ANNIVERSARIES



- 5 Deanna & David Pool (51)
- 13 Miriam & Dr. Robert Glueck (30)
- 15 Irene & Edward Blend (54)
- 22 Kimberlin & Nathan Kubel (24) Kay and Izzy Lewkowsky (10)
- 24 Norma & Andre Schwartz (50)
- 26 Amy Goldstein & Barry Dicker (12)
- 28 Rochelle & Edward Kanter (31)

תודה רבה

...to our capable and reliable office volunteers who assist in so many ways: **Eunice** and **Sheldon Snitz.**

...to Richard and Linda Sher, Jenny and Jason Lew, Amanda Sher and Matt Wagner; and Robert, Nancy, and Aaron Cohen for the flowers on the *bimah* for *Rosh Hashanah* in memory of their parents Abbott and Martha Sher.

...to the **Fred and Maria Devinki Flower Fund** for the flowers on the *bimah* for *Yom Kippur*, *Shemini Atzeret* and *Simchat Torah*.

...Kehilath Israel Synagogue extends a special *Todah Rabah* to **Irene Goodman**, who graciously helps underwrite the salary of our regular *Torah* reader year round in memory of her late parents, Louis and Dora Fox, of blessed memory. This is a tradition that Lou and Dora started, and Irene graciously continues in their footsteps in helping underwrite the wonderful high caliber *Torah* reading at our synagogue. ...to **Arnie and Carol Caviar** for donating fruit and vegetables throughout the year.

...to Linda Silver and her crew Joel Agron, Rosemary Gorin, Joyce Koch, Phyllis Kogan, Phyllis Kohn, Leslee Price, Debbie Saferstein, and Hedy Shron for baking the mandel bread.

...to Hedy Shron and her crew Natalie Cohen, Sheila Ginsberg, Phyllis Kogan, Ruth Nowack, Shirley Pener, Leslee Price, Linda Silver and Joyce Zeldin for preparing the food for Break the Fast meal.

OCTOBER YOUTH BIRTHDAYS

Benjamin Kuluva, Emily Tranin, Jacob Goldman, Samuel Katz, Yaron Heiligman, Yesoshua Rich, Yonatan Rich, Shuli Mandl, Joseph Pool, Ariel Buberman.

CONGREGANTS' OCTOBER BIRTHDAYS

We want to wish a Happy Birthday to all of the following congregants who are celebrating their birthdays:

Caleb Adams, Judith Bussell, Joyce Dunivan, Leslee Price, Lawrence Jabenis, Jay Portnoy, Joyce Zeldin, Ruth Levine, Alix Jacobson, Ruth Nowack, Dori Quinn, Amy Tranin, Kenneth Samet, Kent Shanberg, Rachael Gallas, Eugene Wolowski, Philip Barnard, Larry Haith, Nathan Kubel, Marion Rosen, Myer Litwack, Zachary Glatt, Margaret Nerman, Seymour Weiner, Sima Dubovoy, Marlene Krakow, James Lesky, Irene Blend, Michael Sokol, Allen Caviar, Sophia Waldmann, Ira Kusnetzky, Sandra Rothberg, Allan Rosenstock, Sol Daniels, Leonard Rosen, Robert Schifman, Sharon Friedman, Cheryl Samet, Faina Buberman, Deborah Stone, Olga Krug, Arnold Probin, Norma Schwartz, Stewart Koesten, Jerome Efron, Larry Mallin, Richard Simon.

מזל טוב

...to **Madeline and Robert Schifman** on the recent *Bar Mitzvah* of their grandson, Aaron Bradley Schifman, son of Dr. Marjorie Beebe and the late Bradley Schifman.

...to **Susan and Steve Osman** on the recent wedding of their daughter, Lauren to Samuel Raiche.

רפואה שלמה

The congregation expresses sincere wishes for a speedy recovery to **Randi Haith**, and to all other members of the congregation and community who have been ill or hospitalized.

THE FOCAL POINT OF KEHILATH ISRAEL SYNAGOGUE

(913) 642-1880 FAX: (913) 642-7332

RABBI JEFFREY A. SHRON Senior Rabbi

> ELIZABETH PEDEN Executive Director

RACHEL MACEK
Director, K.I. Fred Devinki Religious School

ALLEGRA SHANBERG, Editor

CRAIG CAPLAN, President

RABBI HERBERT J. MANDL, PH.D. Rabbi Emeritus

SAM DEVINKI, Honorary President for Life

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Wise Aging

A program developed by The Institute of Jewish Spirituality Facilitated at K.I. by

Sharon Friedman and Ellen Portnoy Tuesdays, 7:00-9:00 pm at K.I.

October 13th & 20th and November 3rd & 10th

Series Cost: \$50

For those of us approaching or already in our 60s and 70s who want to make the most of this "third chapter" stage of life. These years are full of potential for learning and growth. The Wise Aging program provides new resources and support to live the later years with spirit, resilience, and wisdom.

Participants are guided through reflective work that enables them to come to new understandings about their lives, their selves, and their values. Learning modalities include text study based on active listening, exercises, reflection, and journaling. The text for Wise Aging classes is *Wise Aging: Living With Joy, Resilience and Spirit*, by Rabbi Rachel Cowan and Dr. Linda Thal.

Register at kisyn.org or call 913.642.1880. Questions? events@kisyn.org.

One of the recommendations from the Governance Task Force as part of our Strategic Planning Initiative is to publish the agenda of an upcoming board meeting in the *Focal Point* so that congregants are aware of what their board is doing and if they are interested in a particular issue, they can plan to attend. Below is the agenda for the next Kehilath Israqel Board of Directors meeting.

Craig Caplan

Kehilath Israel Synagogue Board of Directors Meeting Wednesday, October 14, 2015 Agenda

1. Wiceting Canca to Oraci	Craig Capian
2. D'var Torah	Rabbi Shron
3. New Officers, Board Members, Nominating Committee	Craig Caplan
4. Consent Agenda Items (Minutes Past Meeting,	Craig Caplan
Membership Report, Financial Report)	
5. Grand Givers – Nov. 14, 2015	Michael & Shari Sokol
6. Mitzvah House	Ari Lubowicz
7. Security – Surveillance Detection & Active Shooter Trainings;	Elizabeth Peden
See Something, Say Something; HH Greeter & Usher Training	
Follow Up	

8. Strategic Planning Governance Task Force Rick Simon
9. Strategic Planning Clergy/Services Task Force Joy Koesten
10. Policy Manual – Sections 5, 6 & 7 Joy Koesten
11. Exciting Upcoming Programming Rabbi Shron

12. Old Business13. New Business

14. Adjournment Craig Caplan

Meeting Called to Order

Caviar Family Jewish Scholar in Residence Shabbat November 20 & 21 at K.I.



Gila Manolson

Popular international speaker and author on relationships and self-image

Gila is the author of bestselling books, *The Magic Touch, Outside/Inside, Head to Heart,* and *Choosing to Love.* A fifth book, *Hands Off! This May Be Love* was recently released. Her books have been translated into Hebrew, French, Spanish, Portuguese, Russian, and Italian.

She has spoken in 36 major North American cities and in Israel, Switzerland, the United Kingdom, South Africa, Russia, Argentina, Chile, and the Netherlands.

Gila will speak at a Friday night dinner, during Shabbat morning services, and before Mincha on Shabbat afternoon.

Details will follow.



BSA National POPCORN FUND RAISER SUPPORT K.I.'s CUB SCOUT PACK 3153

This program offsets a major portion of Pack 3153's expenses, provides incentive for our Cubs to earn prizes and cash credits for camp programs, etc., and supports our Council's Scouting program.

There is a very wide selection of premium, O-U kosher products..."fancy" ready-to-eat (flavored or dipped varieties), microwave varieties, or bulk, as well as a military popcorn gift program.

Please contact any Pack 3153 Cub Scout... or Ted Goldstein 913.271.6798, tgoldstein 613@gmail.com and we will be happy to take your order, AND deliver the products to you.

ON SALE THROUGH OCTOBER 20, delivery the week of November 15.

Kehilath Israel Grand Givers 2015 Saturday, November 14

Chicago's renowned comedy troupe

The Second City



6:30 pm Hors d'oeuvres & Wine

7:30 pm Doors open for seating

8:00 pm Show starts

Gold Tickets: \$400

400 Tickets admit two

Silver Tickets: \$200

Fully Loaded features hilarious sketches made famous by Second City stars such as Tina Fey, Steve Carell and Stephen Colbert. The show also features new scenes straight from soldout shows in Chicago and Toronto. Don't miss this irresistibly winning combination of improv, sketches, and song!

\$10,000 Grand Prize
Prizes drawn throughout the evening
Need not be present to win Grand Prize

For more information on becoming a Grand Giver or corporate sponsor, or for tickets, contact Elizabeth@kisyn.org or 913.642.1880 x203, or event co-chairs Drs. Michael & Shari Sokol.

ESRIG-GOULD MEMORIAL ALCOVE

With Reverence We Record the Following Yahrzeits

MEMORIAL TABLETS

18 TISHRI-OCTOBER 1

DOROTHY AGRON
NATHAN BERGER
HELEN EISBERG
SARAH KESSLER
JACOB MARGOLIN
SAMUEL RISSIEN

19 TISHRI-OCTOBER 2

JACK ADELMAN
SHABSY FISHMAN
LEAH FLAPAN
LEON GABBAI
ARTHUR GOLDBERG
JOSEPH MALLIN
HENRY STEIN
JACK TENENBAUM
IDA TRAININ

20 TISHRI-OCTOBER 3

HARRY AGRON JERALD GERSHON ELEANOR MARGOLIN

21 TISHRI-OCTOBER 4

LION GOODMAN
EMILIE HAMAOUI
SAM KAUFMAN
LENA KRUG
SAMUEL KUSHEL
HARRY MAYS
JUDA RISEMAN
SIEGFRIED RUSCHIN
SAM SANDER
FREDA SPECTOR
REBECCA STEIN

22 TISHRI-OCTOBER 5

SHEINDEL BECKMAN GERTRUDE BERKSON JANET COHEN SAM GERSHON IDA KESSLER JOSEPH MERMELSTEIN REPHAEL MOSSERI

23 TISHRI-OCTOBER 6

SAMUEL ALBERT
ELIZABETH COHEN
DON ERNSTEIN
GUSSIE JOSEPH
PAUL LERNER
JACOB LEVINE
HANNA SUKIENNIK
SARAH TABOLSKY
CECILLE WASSERLAUF

24 TISHRI-OCTOBER 7

PAUL ADELMAN BETYA BUSNOVETSKA PETE LEVITCH SAMUEL SHER

25 TISHRI-OCTOBER 8

JOSEPH FLAPAN SAMUEL SIEGEL JAMES TIGERMAN REBECCA ZUCKERMAN

26 TISHRI-OCTOBER 9

MEYER KRUG

FANNIE LEVITT LILLIAN PFEFER ISADORE RITZ MILTON RYDELL DAVID SOSLAND

27 TISHRI-OCTOBER 10

ARLYNE AGRON
IDA MADLOF
DAVID PFEFER
IDA PLESSNER
ALICE SHNIDERMAN
HELEN TRILLIN
FRANCES WEISBEIN

28 TISHRI-OCTOBER 11

JACOB CHOPP
HARRY FRISCHER
JUDA (JAY) GILGUS
BEILA OSADCHY
HELEN SAGER
SARAH SHAW
SOPHIE SHURIN
BEN SINGMAN
ELSIE SPITCAUFSKY
HARRY STRAF

29 TISHRI-OCTOBER 12

FLOYD FRANK
RACHEL GERSHOWITZ
BENJAMIN KILMNICK
DAVID LEVIN
PHIL LEVINE
MORRIS LIEBERMAN
LOUIS WEINER

30 TISHRI-OCTOBER 13

ISSIE BRATT
LEON DELEVE
STEPHEN DEVON
REBECCA ENTINE
ISADORE EPSTEIN
ELAINE GOLLER
EMIL HELD
LENA KURS
FANNIE ROMER

1 CHESHVAN-OCTOBER 14

SAM BERNSTEIN RACHEL CUKROWSKI JULIUS KRAFT SHIRLEY MANDELBAUM

2 CHESHVAN-OCTOBER 15

JENO ADLER
ALFRED BERG
MARTIN BUSH
LEAH HARDIN
ABE KOTELOV
EARL SALWINSKY
JACOB SHAPIRO
REBECCA SHAPIRO
DORA SHURE
BERNICE WITTMAN

3 CHESHVAN-OCTOBER 16

ALVIN CLUTZ SARA GOLAD SARAH GOLDENBERG MICHAEL LEVIN JACOB MALLIN MORRIS PACHTER NANCY WALTERS

4 CHESHVAN-OCTOBER 17

IDA GOLDSTEIN MOLLIE KRAITCHMAN ABRAHAM LITMAN ROSALIE MANDL

5 CHESHVAN-OCTOBER 18

MORRIS CHERNOFF LEON LAPIDES HARRY MILOVITZ

6 CHESHVAN-OCTOBER 19

CHAYIM CHUZIE JESSIE MANN DORA MNOOKIN OSCAR SHAPIRO

7 CHESHVAN-OCTOBER 20

CHAIM BLASBALG SHEINA COPELAND IZZY GLADSTONE FANNIE KATZ ESTHER KLASSEN PHYLLIS KULUVA BEN MOSSEL

8 CHESHVAN-OCTOBER 21

JACOB FOX DAVID KASS JOSEPH LAWNER EDITH SCHULTZ EVA SLOBOSKY TILLIE WINEGAR

9 CHESHVAN-OCTOBER 22

GITTEL GREENBERG FRANK MORGAN

10 CHESHVAN-OCTOBER 23

JEANETTE BLONSKY
GOLDIE CHALET
DAVID GREENBAUM
HELEN GREENBERG
LOUIS MARGOLIN
MORRIS SCHWARTZ
ALLEN SILVERSTEIN
MARIAN ZITRON
JOSEPH ZUROVSKY

11 CHESHVAN-OCTOBER 24

MARGARET BROWN
MARTIN COHEN
JEROME COLVIN
SYLVIA KUSNETZKY
AARON PLOTZKER
SAM ROSENTHAL
JULIA WEXLER
BEN WOLOWSKI
MAE YEDDIS

12 CHESHVAN-OCTOBER 25

NELLIE GOLDBERG
PHIL HARRIS
ROSE PENER
VICTOR POLLMAN
MORRIS SILVERMAN
DAVE SOLOFF

13 CHESHVAN-OCTOBER 26

EDYTHE BEREY
REBECCA BOLD
BELLE FINKELSTON
NATHAN GAMPOL
FRANCES HOLLAND
MAX KURS
FANNIE MANDEL
IRVING MYER
HYMAN SHULTZ
ISAAC STEIN
KROSSE TENENBAUM

14 CHESHVAN-OCTOBER 27

HERTZEL BAUM IRVING BELZER SHERMAN SCHWARTZ CECILLE SIEGAL

15 CHESHVAN-OCTOBER 28

DAVID EISENBERG ZVI ESRIG BARRY GLASBERG JULIUS MALLIN SARAH YEDDIS SAM ZUROVSKY

16 CHESHVAN-OCTOBER 29

BELLE ALPORT
SARAH GELPHMAN
JACOB GERSHBERG
SARAH HYMAN
IDA KRUG
LENA LEVINE
GOLDIE SCHWEITZER
ARTHUR WACHTEL

17 CHESHVAN-OCTOBER 30

SAM EISBERG BESSIE FISH LOUIS GOTTLIEB ANNA RUBINS ROSE SIMON JACOB STERN

18 CHESHVAN-OCTOBER 31

IDA BLACKMAN
JOSEPH GOLDBERG
ISAAC GOLDMAN
RASHE KLEVATT
BESSIE KOTELOV
WILLIAM KULUVA
RUBEN LEVITCH
LOUIS STRAUSS
HAZEL TIGERMAN
VIGDOR WISMAN



We gratefully acknowledge the following contributions...

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ROSALIE ROSENBLOOM Shirley Frischer

YAHRZEIT

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MANNY WINSTON Jenn, Danield, Maia & Adam

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families of:

DORA BARABAN

IN MEMORIAM May the G-d of Mercy sustain and comfort those who have suffered the loss of dear ones. The Kehilath Israel family extends deepest sympathy to the bereaved

MARY EAGLSTUN

GERALD KLOPPER (Husband of Susan Klopper)

SAM GOULD

www.kisyn.org

COMMUNITY CORNER

Career Skills & Connections Activities

Career Skills & Connections (formerly known as Jewish Employment Services) offers a comprehensive array of services, including career coaching, career exploration, workshops, which cover the basic technical skills, peer support and job development. *Asterisk indicates you must have completed a registration appointment, please contact <code>cboasberg@ifskc.org</code> or call 913.730.1449 to schedule one. Please have your rsvp sent in by the Friday before the class takes place. Questions? Please call 913.730.1449.

OCTOBER

October 5 Monday Morning Coffee Club CANCELLED-SHEMINI ATZERET

October 7 Job Search Strategies 9-11am* October 8 30 second commercial 9-11am* October 12,19,26 Monday Morning Coffee

Club 9-10am (conf. room A, All)
October 13 Successful Conversations 9-11am*
October 14 Resume 9-11am*

October 15 Written Correspondence 9-11am*
October 16 Getting Unstuck 10-11:30am*
October 20 Interview Skills 9-11am*

October 21 Salary Negotiations 9-11am*
October 22 LinkedIn 9-11am*

LINK: http://www.jfskc.org/CSC

LOCAL HISTORICAL AUTHOR TO SHARE WORK OCT. 11

History buffs-mark Sunday, Oct. 11 on your calendars! Come hear local author Joe Vaughan discuss the history behind Johnson County and the city of Fairway as outlined in his book "The History of Thomas Johnson and Fairway, Kansas" at an author event sponsored by Jewish Family Services' Older Adult Initiatives, the Heritage Center of the Jewish Community Center and the Johnson County Library. The program, at 2 p.m., will take place in The Heritage Center at the JCC. A book signing will follow Vaughan's presentation.

While Vaughn's presentation is free, reservations are requested by calling Dawn Staton, JFS director of older adult initiatives, at 913.327.8239, or emailing her at dstaton@jfskc.org.

SPIRITUAL CARE PROGRAM SEEKS VOLUNTEERS

JFS is looking for caring and committed people to be Spiritual Care Volunteers and perform the mitzvah of "Bikkur Holim" visiting the sick in our community. Volunteers receive training and guidance from Rabbi Jonathan Rudnick, Jewish Community Chaplain, and make visits to hospital and elder care centers on a weekly or bi-weekly basis. Volunteers are required to make a year commitment, pass a background check, drug screen, TB Test, attend confidentiality (HIPAA) and spiritual care training and attend three educational gatherings each year. Interested people should contact their clergy to get a recommendation to the program. Once they receive a recommendation, they will have an interview with Rabbi Rudnick. For more information, please contact Taly Friedman, JFS Director of Volunteer Engagement at 913.730.1445.

FOUR-PART SERIES ON MINDFUL MEDITATION

JFS Family Life Education Department is sponsoring a four-part series starting in October to introduce this important practice. Working with Diane Breneman, a trained facilitator, mindfulness meditation combines the most effective ancient practices with cutting-edge neuroscience. In every moment we experience life through the mind, emotions, body and spirit.

During this course on four consecutive Tuesday evenings, Breneman will teach how to start practicing mindfulness meditation, feel better, reduce stress, and enjoy life a little more. Breneman has studied mindfulness techniques with Joey Klein, international speaker and founder of Conscious Transformation, for over seven years.

The four sessions and their topics include

•Oct. 13: Mental mastery: Understanding how we create our experience of life through the mind, how to quiet the mind and intentionally create a vision that serves.

•Oct. 20: Emotional mastery: Learn basic techniques to shift out of an emotion and consciously create higher states such as peace, joy and love.

•Oct. 27: Physical mastery: Focus on how to enhance vitality in the body through work in the mind and emotions and also how to use the body to increase mental and emotional health.

• Nov. 3: Spiritual mastery: Cultivate deeper and more profound connections to peace, joy and love.

All four sessions will take place from 7-8:30 p.m. at the JCC in Conference Room A. While the program is free of charge, space is limited and reservations are required by Oct. 7.

To register for Mindfulness Meditation or for more information, please contact Susie Hurst, JFS Director of Family Life Education at susieh@ifskc.org or call 913.327.8259.

WORKSHOP SERIES OFFERED ON CHRONIC DISEASE STRESS MANAGEMENT

JFS, in partnership with the Johnson County Department of Health and Environment, is offering a free educational workshop series on Chronic Disease Self-Management on five consecutive **Mondays beginning Oct. 12**. The interactive series will take place from 1:30-4 p.m. in the Board Room of the JCC. The workshop is appropriate for those with chronic, long-term conditions including asthma, arthritis, dementia, diabetes, heart disease, mental health conditions, obesity, stroke, or any ongoing health concern.

The workshop sessions will be facilitated by health professionals specifically trained in chronic disease self management techniques. Among the skills participants will learn during the workshop are:

- •How to manage fatigue & pain
- How to deal with anger & depression
- How to maintain good nutrition & exercise
- Decision-making & problem-solving skills

You must pre-register to participate in the workshop series. To register for this FREE workshop series or for more information, please contact Sarah Albin at Jewish Family Services by calling 913.730.1425 or emailing her at salbin@ifskc.org.

"AGE OF LOVE" DOCUMENTARY ON SPEED DATING TO BE SHOWN OCT. 18

Finding love the modern way – through speed dating – is the new thing for the older adult set! A new documentary film, "The Age of Love," casts the spotlight on this phenomenon giving a funny yet touching look into the lives of

older adults who want to find love. A special screening of the film will take place Sunday. Oct. 18, in the Social Hall of the JCC. The screening is sponsored by the Older Adult Initiatives program of Jewish Family Services, the Heritage Center of the Jewish Community Center of Greater Kansas City, Shepherd's Center of Kansas City Central, Brookdale Senior Living Solutions and Johnson County Park & Recreation District's 50-Plus program. While the screening is free, reservations are required. "The Age of Love" follows the adventures of a group of older adults in Rochester, New York, who sign up for an unprecedented speed dating event for 70-to-90year-olds. Candid bout their needs and desires, these World War II babies soon discover how the search for love changes - or doesn't change - from first love to the far reaches of life. The film shatters stereotypes about older hearts. The film entertainingly explores the undimmed passions that live on beneath wrinkled skin and thinning hair.

While the screening is free, reservations are required. To make a reservation, please contact Joy at Johnson County Park & Recreation District, at (913) 826-3001. Reservations are requested by no later than Monday, Oct. 12. A speed-dating event for those 60-plus will take place in Johnson County on Nov. 8 in the afternoon at Brookdale-Overland Park. Details will be announced at the "Age of Love" movie showing.

For more information, please contact Dawn Staton, JFS director of older adult initiatives, at (913) 327-8239 or dstaton@jfskc.org.

AGING PARENT WORKSHOP ON NOV.1

In today's world, there are so many issues to deal with as our parents' age that sometimes it is a little overwhelming. Join JFS on Sunday, Nov.1, 10:30 a.m. to Noon, for an informative morning of information on how to handle these issues at a program titled, "You and Your Aging Parent: Strategies or dealing with practical, emotional, heal and financial challenges". The program is open to the entire community and will take place in the Social Hall of the JCC. The program will include at five-person panel of experts including an attorney specializing in elder law, a board certified physician in geriatric medicine, a social worker and therapist and care management specialists. For more information, please contact Susie Hurst, JFS Director of Family Life Education

at susieh@jfskc.org or call 913.327.8259. GRIEF SUPPOT GROUP AVAILABLE

JFS is starting a Grief and Loss Support Group that will be held the first and third Wednesday each month, 2-3:30 p.m. The support group is for individuals grieving from the death of a spousal partner. The group, which is free, will provide the opportunity to address issues of loss and grief within a Jewish spiritual context in a warm and confidential environment.

The group is co-facilitated by Rabbi Mark Levin and Roger Goldblatt, a licensed clinical social worker. To register for this support group or for more information, please contact Goldblatt at 913.730.1422 or rgoldblatt@jfskc.org.

October 2015 18 Tishrei 5776 - 18 Cheshvan 5776

Saturday 20 TISHREI 20	▼ 正日三季	A CHESHVAN Thosch Cheshvan Cheshvan Chesh C	11 CHESHVAN 124 11 cch Lecha 11 saiah 40:27-41:16 1 Shabbos Ends: 7:01 Sillom Rabbi Shron Study Class-5:00 pm	18 CHESHVAN The state of the s
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Thursday 18 TISHREI 28 XSuccos - Second Intermediate Day	25 TISHREI	Cub Scouts I Meeting-6:45 Beginners H	iners H	4 29 16 CHESHVAN 3(★Beginners Hebrew-7:00
Wednesday	7 ■ Religious School 4:30-6:15 pm ★ Yoga-6:00 pm	14 1 CHESHVAN XXRosh Chodesh Cheshvan - Day Religious School 4:30-6:15 pm 4:30-6:15 pm X Yoga-6:00 pm X Spring Forest Qigong-7:00 pm	21 8 CHESHVAN 22 Religious School #Begin pm 4:30-6:15 pm pm #Yoga-6:00 pm	28 Religious School 4:30-6:15 pm Yoga-6:00 pm Spring Forest Oigong-7:00 pm
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Monday	22 TISHRE	12 29 TISHREI	ud Cla	26 13 CHESHVAN 27 ★ Talmud Class-7:00 pm
Sunday	21 TISHREI \$\times \text{Succos} - Fifth Intermediate} \text{Day} \text{\$\times \text{Alcshanah Rabbah}} \text{\$\frac{\fir}\frac{\frac{\frac{\frac{\frac}\frac{\frac{\frac{\frac{\f	28 TISHREI Religious School 9:15-11:30 am	5 CHESHVAN Religious School 9:15-11:30 am K.I11:00 am	25 12 GHESHVAN 26 Religious School #Talm 9:15-11:30 am



The Focal Point of Kehilath Israel Synagogue 10501 Conser Overland Park, KS 66212 913.642.1880 FAX 913.642.7332 www.kisyn.org

WEEKDAY SERVICES ROSE MORGAN CHAPEL

SUNDAY SHACHARIT 9:00 AM MONDAY-FRIDAY SHACHARIT 7:00 AM

SUNDAY-FRIDAY MINCHA AND MAARIV

Week of October 4 6:35 PM
Week of October 11 6:30 PM
Week of October 18 6:20 PM
Week of October 25 6:10 PM

ROSH CHODESH CHESHVAN

Tuesday, October 13 Wednesday, October 14

K.I. WILL BE HELPING BUILD A MITZVAH HOUSE ON SUNDAY, NOVEMBER 22

No prior construction experience is necessary.

There will be on the job training by excellent site supervisors.

18 years and older is preferred, but there can be work for 16-17 year olds.

We will meet at the house in Kansas City, KS at 8 am. There is a 1 hour lunch. The shift ends at approximately 3:30 pm.

To sign up go to *kisyn.org* or if you have questions, contact Ari Lubowicz, Clint Gillom, or the K.I. office 913.642.1880.

Mitzvah House

The Mitzvah House is a project for the entire Jewish community in Kansas City to build a home for a low-income, in need, family through Habitat for Humanity.

Follow progress and see pictures on Facebook https://www.facebook.com/mitzvahhouse

